



Wellness at Sea
FROM SAILORS' SOCIETY

WE'RE HERE FOR YOU



Sailors' Society chaplains and family support workers are here to offer you and your loved ones practical, emotional and spiritual help.

If the seafarer in your family or you are in crisis, please reach out to us - you are not alone.
Find a chaplain at www.sailors-society.org/seafarers

Are you a family member of a seafarer in crisis?

Sailors' Society's Crisis Response Network provides rapid response trauma care and counselling service for survivors of piracy attacks, natural disasters, crises at sea and their loved ones.

REGIONAL CONTACTS:

Africa

Rev J.D. van Schalkwyk:
0027 8330 18022

Asia

Gavin Lim:
0065 9222 4600

Europe

Marc Schippers:
0032495 185691

India

Manoj Joy:
0091 9884 140950

The Philippines

Cathy Paeste:
0063 9175 782 118

Don't suffer in silence

Accidents, bereavement... When crisis hits, it's easy to feel out of control.

Our Crisis Response Network can help you get back on your feet. Whether you need medical help, someone to visit you, or just someone to talk to, we're here for you.

Our free, confidential service is available all around the world, 24 hours a day.

Email crisis@sailors-society.org

Visit www.facebook.com/SailorsSocietyCRN